

# ORARIO NATALE 2011

LUNEDI'26.12	MARTEDI' 27.12	MERCOLEDI'28	GIOVEDI'29.12	VENERDI'30.12
	YOGA & PILATES 8.30 – 9.15			
	TONIC & PUMP 9.30 – 10.30		TONIFICAZIONE FIT & FUN 9.30 – 10.30	
	AEROBICA FIT & FUN 12.45 – 13.45			
	TOTAL BODY LIGHT 18.30 – 19.15			
	FIT BOXE mix PUMP 19.45 – 20.45		AEROBICA FIT & FUN 19.45 – 20.45	FIT BOXE mix PUMP 19.45 – 20.45
	M.M.A. Mixed Martial Arts 21.00 – 22.30			M.M.A. Mixed Martial Arts 21.00 – 22.30